

Coronavirus Infection Prevention



*How can you
stop
Coronavirus
(COVID-19)
from
spreading?*



Don't shake hands and avoid touching your eyes, nose and face, especially with unwashed hands.



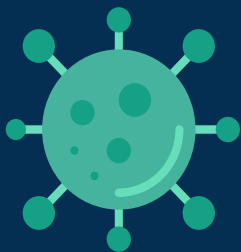
Wash your hands frequently with soap and water for at least 20 seconds.



If soap and water are not readily available, clean your hands with a hand sanitizer containing at least 60% alcohol.



Clean and disinfect frequently touched objects regularly (phones, door knobs, light switches, handles etc.)



Minimize contact with people who have respiratory illness such as coughing and sneezing.



Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Stay home if you are sick.



Wear a face mask if you are sick and go out into public or if you are caring for someone who is sick at home.